THE LIVING MEMORY RESEARCH TRUST

HUMAN CONSCIOUSNESS - PART 7 OF A SERIES
'PAST LIFE' TRAUMA MEMORY - SOUL GROUP PERSPECTIVE

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ABSTRACT

Science has no agreed definition as to the nature of consciousness which remains open to debate. The paper explores retained trauma memory from the perspective of soul group consciousness, the memory of shared lives. Evidential case study material is supplemented by research notes with a review of content and conclusions.

Key Words
catholic dogma, consciousness, energy imprints, healing, inquisition, light, meditation, memory, past life, popes, research, soul groups, subconscious, torture, trauma, therapy.

INTRODUCTION

The content describes two therapy sessions with a female client in her early 40s, one of a group who had attended the 'past life' seminar I conducted. Several in this group, including myself had begun to experience memories of being together in another time and place, suggestive of soul group memory (Lamb C. 2018). The group were aged between early twenties and mid fifties, none had a religious affiliation, two were lapsed Catholics and three had recently attended the local Spiritualist church. None had any prior knowledge or experience of past life memory but all shared a spiritual affinity and an interest in psychic phenomena. I felt an obligation to answer any questions arising from their experiences following the seminar and we began to meet weekly to discuss philosophy and healing. Some of the group expressed an interest in pursuing what is referred to as 'past life' therapy, conducted through meditation rather than hypnotherapy.

Case study background:

The subject of the paper had lost her father recently and had attended the local Catholic church for his funeral where she met the priest who conducted the service. Impressed by his candour and humour she persuaded me to attend a service with her, out of politeness I agreed. Following what proved to be a significant meeting I began to experience dreams, images of stained-glass windows, altars and clerical robes and to hear repetitive chanting of the words of the rosary…'Hail Mary full of grace, blessed art thou among women'. I experienced extreme lower back pain and was left with an inexplicable pervading sadness.

The client arrived for her usual reflexology therapy session one week later saying "Be careful with my feet today, I have blisters on them". Her feet were found to be covered in tiny blisters. Asked what had happened she replied, "Oh, it will be from when they

tortured me" then looked at me blankly and asked "Why did I say that?" I spent a sleepless night, with recurring memories and images surfacing. Next day I received a phone call from her stating that she felt strangely disconnected and for some inexplicable reason very angry. Perplexed, I sat in meditation and asked for an answer through the guided writing which had spontaneously occurred in recent weeks. This suggested a therapy session to explore subconscious memory and that other members should be present? *'As this is of interest and of importance to all'*. This made no sense to me as such sessions were always conducted one to one with the client. When those concerned agreed to attend, I reluctantly complied with the request to conduct a group session, the only time this ever occurred.

Client session 1 - JULY 1992

The client settled herself in the reclining therapy chair, feeling slightly apprehensive, those who had agreed to observe were present in the room. The impressions surfaced quickly and coherently.

Asked for first impressions she responded.

'This is Italy…a town square

We're standing outside the Pope's palace, waiting for some kind of decree to be announced…the people are afraid

Q. What are they afraid of ? (my own head began to swim)

The men in black …. People just disappear, rounded up, we have to be careful

(Her body stiffened and her demeanour changed and her voice lowered as she described another scene.)

Q. What's happening?

Were waiting for them to come back

Q. Waiting for who?

The ones who brought us here, the ones who are keeping us here

Q. How long have you been here?

I don't know, I think it's days but it might be weeks

Q. Why are you here.. have you done something wrong?

No. We haven't done anything but they say we have

Q. Who is with you?

My sister and my brother. I don't know why, or where they've taken them. I haven't seen them.

I can hear the other prisoners, there's screaming. It's horrible

(She was now speaking in a whisper)

They're coming…I can hear footsteps

(We watched in disbelief as her whole body began to shake. My own head felt wooly and my voice seemed to echo in my head)

They say I've done something, I haven't done anything but they're trying to make me say I have… I'm angry… They're not going to make me give in

Directed forward to any important event

I'm lying on a table, my hands are raised, tied above my head

My feet are tied too. I'm wearing a kind of shift ..like sacking

I'm angry…shouting at them

Q Look around what can you see?

(Turning head heading opposite direction)

There's a light in the corner there

Some kind of fire…its where they heat things
The things they use to make you talk
Q. Who does this?
I don't know who they are. We don't know them
They brought us here to be questioned
Q. What about?
What we believe. I believe in God…well I did before I came here …where is God?
They're leaning over me laughing, goading me to make me angry
Then they hurt me again…put things inside my body
I'm shouting and screaming at them.
He's coming towards me with something in his hand…Its been in the fire…
He's burning my feet.
They'll never make me…

Directed forward
(Her body became rigid again, tears rolled down her cheeks, her face became mask like)
They've brought my sister here too it's to make me talk
She's tied to this table with me ..she's at the other end
They're torturing her to make me give in ..I won't, I can't
They're tipping this table thing that we're tied to
It tilts, first one way and then another
Q. Why?
So they can make one watch the other being questioned and tortured
This way people give in to save the other one....It saves time
I'm screaming at them over and over again
You're praying ..saying the Hail Mary

(Without realising it she had referred to me in the past and in the present, yet I already knew I had been the person tied to the other end of the trestle table. Me in another time and place. My head was throbbing. I continued with difficulty as she described the scene.)

I can see someone by the flickering light of the fire
He's wearing a leather jerkin and a leather cap
He's poking something in the fire, he seems to be enjoying this
He's in charge of the torture implements
(She then identified the people now present in the room observing the session, as the people in the story.)
Outside,… a papal guard...following orders.. someone else I can't see, pacing up and down outside waiting for the confession…wearing deep purple. He's a bishop. he doesn't come in.. he waits for the results
You keep praying, saying the Hail Mary, pleading with me to say it.
I can't . I can't let go of my anger….I'll never forgive them for this
I want to let go, then it will be over but I can't
I can feel myself going out of my body…floating ..but the anger brings me back
It goes on and on..
I can still her you praying.. Hail Mary full of grace…
(By this time those observing were clearly affected)

Directed forward to when this is over
I can see a bright light, a golden glow… white light.
(At this point the atmosphere in the room we were in changed. An aura of peace descended as she continued in a serene voice.)
I feel the presence of Mary.. Calling to me, saying *'Let go, let go, there is nothing to hold on to anymore…It is done, Come to me'*
I can feel the light becoming brighter and brighter…
I want to stay here with you but I'm being pulled to her.. I'm being drawn up… out of my body.
The last thing I see is your face, your body lying on the bed, like a rag doll.
You have already gone
There's a feeling of deep peace everywhere ..not like you would imagine in this awful place.. There's only peace.

The role of the recall therapist is to capture the last moments of leaving the body in order to release the energy imprints which hold us to to past trauma. Ancient teaching states that it is the final moments which decide the continuity of lives until we are ready to relinquish past attachments. A crucial aspect of the work therefore is to ask the subject to look back at the life they are leaving and express their last thoughts.

Q. Look back at this scene. How do you feel about the people who did this?
They're standing there quietly, there's a feeling of remorse.. It was the Light, the prayers brought the light and the light touched their souls. I'm being told 'They are changed, they can now begin their journey to right the wrong doing'
Q. What are your feelings now?
I feel only pity.. Why would they do such things ..My anger seems to have dissolved
I'm being told '*This was the source of the anger you have carried. At this time you feel pity… in time you will feel compassion... It is a beginning*'

Directed to leave the scene:
There's a feeling of deep peace every where
They are weaving the light through my body, mending the damage, not just to my physical body… .I can see another body as well. .it's the emotional aspect .. and another level as well…the thoughts…
I'm being told *'Trauma contracts the energy bodies, the pathways become twisted and warped, the energy can not then flow freely. The colour and light unwinds and releases the imprint of the memories'*
Q. Why have you been shown this story at this time. Go to a place where you can receive understanding.
(She answered wryly)
Its to remind me to hold my tongue. I was too outspoken in that time, it got me noticed but got me into trouble. I'm being told there is an opportunity this time to guard the lips….I don't know if I can. I am being told I can. I'm here to learn discernment…to avoid predicaments of my own making.
She repeated the words she was hearing- *'You are all here together again as one, to overcome the past and to be of service to others. Let it be according to your own wish"*
(She opened her eyes, appearing calm and composed)

This had been a challenging experience for everyone. I returned home and meditated, concerned that such a negative story might blur the present friendships. It is not every day that friends are seen in the guise of torturers. I heard the words: *"The past is already blurring the present for it is not understood that both are one. Humanity continues upon its path oblivious to the spiritual reality of life, believing their own thoughts and emotions to be the truth rather than the echo of what has gone before. Each one will respond according to their own wish, some will learn, enabling them to move forward with greater speed to accomplish greater things. Others may choose to hold to the past, a past of their own creation; this will then be repeated for the prison is of their own making. Others will move away from the teaching which is being given, that is their choice, this path is only for those who choose"*

I reflected that these events had somehow been triggered by our recent visit to the church. As the days passed persecution themes lingered, witchcraft trials, heresy, a jumble of meaningless names and dates arose in my mind. Nicea, Pope Pius, Pope Gregory, 1545, Vatican Council, Maximus, St Francis, 1858, … there was no discussion with anyone.

Something felt incomplete. Guided writing received July 27th 1992 stated that answers would be received that day in a channelling session if we chose to meet, as we were *'experiencing a cycle of return'.* I had no idea what this meant, but we had both continued to experience discomfort and so reluctantly agreed to meet together in the hope that some clarification would be received. Prior to this meeting I felt a strange compulsion to ring the priest I had recently met and to ask him to write down the list of names, dates and events. Feeling extremely foolish I did so, he was bemused but did as I asked, I promised to ring him back later with an explanation and inwardly hoped I would have one.

CLIENT SESSION 2: 27/7/1992
The impressions came swiftly, a disjointed monologue.

Q. Describe any impressions
The Pope, Maximus..6th Selecting a new Pope.. every new Pope changes the rules
I want to say 800s – 9th century This one will make his mark..I don't know whether good or bad
Changes… tariffs, levies, taxes..
Countries vying for power….Monarchies…intrigue, treachery
Nephews ..power, corruption Popes having children…fornicating?
This where the law changes…celibacy issues..

Directed forward - her body suddenly jumped
A black hole ..I'm down a black hole… I can't see..I'll never get out of here
Q. Where is this
Its under the Vatican ..In the torture chambers under the Vatican
They watch from above as you are tortured
This is Italy.. Franciscans
I'm seeing monks and nuns ..Holy Orders
We're taught to do the writing.. Script..

Men called Franciscans, the men are established first then the women.
The women are called by another name..
the men wear brown, the women wear grey.
I'm wearing slipperettes, its so you can walk without making a sound.
A grey habit very plain, hair scraped back, can't be seen. We don't talk.

Directed Forward
Different Popes
Writing with a quill…a big room, peaceful and calm
Parchment, we all do different parts. I'm seeing the same paragraph over and over again for years. . Bible stories, updating gospels ..
Its being changed somehow ..updated versions.
We do as were told. Scripting. Fine line….Illuminated lettering
I'm not happy about this.. I'm part of something… its wrong.. something I don't want to do, .whispering in corridors…being watched
I was too outspoken.. Someone had to speak up.. There's a movement.. discontent.
I should have been quieter, I spoke up too loudly.. people were tortured as a result.
Its about having the courage to speak up.. its not enough just to believe.
Q. What did you speak up about?
They were changing things.. putting words in and taking words out…changing things..
This is something to do with reincarnation ..taken out of the scriptures
It changed the church…

Directed to any connection
A Conclave?
I'm going back a long way.. Councils…Something to do with Councils and gatherings..
like going back over time…It's been going on for a long time
Changes.. reincarnation again..it had already been diluted, weakened, then removed
..This finished it… the death knell.
Q Who made the decision?
A gathering.. Making a decision about which way to go.. Its like half believed and half didn't. They needed signatures, agreement to change the law.
They're not all Italian, bishops coming from other countries,…I don't know where this is ..it has to be international so it can be enforced all over the world…Its about a Council?.
There are lots of meeting, chambers, meeting places.. it doesn't do to disagree.
All men ..there are no women. Men trained for clerical roles in charge of administration….It doesn't make sense to have men of that status in clerical roles but they are..
Q. What's the feeling?
Its like the Masons. .a secret society. .a closed shop…a bit sinister

Directed forward to a positive time,
Gregory? Is he a Pope ..the gentle reformer
The word love ..a much loved Pope.
I'm seeing many Popes….one who made Bernadette a saint
Another Gregory, more than one.. not all good…
(Client then moved into the present time frame)
This Pope, the one now,..is he going to be assassinated? Is it him or the next Pope?

When this Pope dies the next one will be very controversial…the new Pope will be a Benedictine. The church will fragment, ..fall… reform in some way?

Healing Response

The session ended, we both felt clear headed but the content had raised more questions than answers. Historical validation of past lives is time consuming but possible, true validation lies in a healing response. Unknown to the client she had accessed a past life I had already experienced during my therapist training with Dr Roger Woolger an eminent Jungian psychotherapist who pioneered a unique approach to revealing and healing past life trauma. During his Workshop programme, I had suddenly experienced excruciating pain in my lower back as I lay on the therapy bed. The image of a dimly lit dungeon had surfaced… a young girl dressed in sack cloth was stretched out on a table obviously being tortured. The discomfort was intense and after a few minutes the session was stopped by Dr Woolger who suggested this memory needed to be addressed fully within a therapy session rather than in the group training environment with students. I happily complied. Unfortunately the opportunity did not arise so at his suggestion I reluctantly drew the image I had so clearly seen and the memory faded.

Validation of authentic past life memory is best judged by the healing response. Following the session the clients anger towards the church she had left twenty years before, resolved to the degree that she began to regularly attend church services. My back pain resolved along with the images, dreams and chanting and the sadness was gone. The priest was left sceptical but intrigued.

Verification

As an intuitive healer I had little knowledge of Catholic dogma other than an awareness that the doctrine of reincarnation had been taught by the early church fathers and removed by successive emperors and Popes for their own ends. Much of the content of the session had seemed implausible, I resorted to the public library, my only available resource in the pre-internet era of 1992 and was surprised to find corroborating evidence of several names and dates mentioned. It would be 1998 before I had an opportunity to investigate fully when I relocated to York to focus on writing and research using the cathedral library. From 2009 I traced the history of the Medieval Inquisition and the torture perpetrated by the Catholic church on thousands of innocent people, including Christian Cathars who refused to accept its traditional precepts. Visits to the Vatican in Rome, the sites of the Spanish Inquisition in Malta, Cathar sites of Carcassonne Languedoc and the Palace of the Popes in Avignon France, later confirmed much of the growing archive of case studies.

- While some with a Christian background might be expected to be familiar with church history, how many might reasonably be expected to have the ability to reel off within less than an hour and without any prompting, names, dates and events covering a period of almost 2000 years. Few are aware of church councils and conclaves, the origins of priestly celibacy or the historically documented forgeries. Most would be unaware of the origins of Holy Orders or of papal fornication with children fathered by Popes referred to as 'nephews'. How do we explain the therapy date July 27th 1223, the anniversary of the very date when Pope Gregory 1X appointed the first two Inquisitors of the Holy Roman Inquisition, confirmed to us as *"a cycle of return'.*

- From the 13th century the religious Order of Franciscans founded on vows of poverty and charity were instrumental in serving the Inquisition as 'inquisitores hereticae pravitatis' providing texts to educate, inform and guide inquisitors in the discharge of their duties. One of these works was 'Codex Casanatensis 1730' written and compiled in the early fourteenth century for use by Franciscan inquisitors in Tuscany.

- Over a period of 67 years seven Popes governed the Catholic church from France and not Rome, residing at Avignon in the 'Palace de Papes', a fortress built for the purpose due to the political wrangling and dissent which split the church. Walking down the winding steps of what had once been the papal apartments located above the torture chamber, the past meets the present. Here scribes and their masters once observed torture while secretly recording forced confessions of of those who dissented. The Executioner of the Inquisition would hurl the bodies of those who did not survive the questioning down the chute. The papal palace is now a museum and world heritage site.

In examining the research material collated from case studies the legal terminology "beyond a reasonable doubt" employed in criminal law might usefully serve to assist in assessing authenticity of content. In law the phrase means that the evidence presented and the arguments put forward can be accepted by any rational person.

APPENDIX
The following references within the content were verified over a period of several years.

- Maximus
  The title conferred on the Pope, meaning 'the greatest'.
- Maximus 6th…. I want say 800s to 9th century.. this one will make his mark
  There were only two Popes named Maximus 6th in the 9th century. One aged 90 ruled for only 15 days. The other, the notorious Pope Stephen V1 885-91 instigated The Cadaver Synod, exhuming the body of his predecessor, placing him on trial in papal robes to try him on various charges before dumping his body in the River Tiber.

Councils

- 'something to do with Councils and gatherings…..like going back over time'
- The 1st Ecumenical Council 352AD
  Nicaea:
  Location of the 1st International Ecumenical Council called by Emperor Constantine 325AD to clarify conflicting beliefs regarding church doctrine and the divinity of Jesus
- A gathering.. Making a decision about which way to go.. Its like half believed and half didn't. They needed signatures, agreement to change the law. Changes.. reincarnation again.. it had already been diluted, weakened, then removed.. This finished it… the death knell.
  5th Ecumenical Council 553 Doctrine of reincarnation removed from canon law by Emperor Justinian's decree.

Corruption

- 'changing things. .putting things in and leaving things out'
  Pope Gregory Vl 1045 - Established a school of forgers to rewrite the gospels
- 1545
  The Council of Trent called to reform the church
- 'Nephews, Popes having children…fornicating?
  Nephews, a euphemism for the children of Popes
  Numerous Popes were sexually active, many fathering children during their pontificate. Pope Alexander V1 fathered at least seven children during his pontificate
- This is where the law changes…celibacy issues.
  Clerical celibacy, previously expected was imposed by Pope Benedict Vlll in 1018, formally forbidding priestly marriages, later ratified by Councils.
- 'changing things, putting words in, taking words out'
  There were many controversial forged documents. "Pope Gregory V11 had a school of forgers, turning out document after document with the papal seal of approval" .
- 'it doesn't do to disagree… they've taken the power from the people'
  1545 Pope Gregory Xlll Council of Trent. Papal infallibility proclaimed requiring complete obedience to the Pope.

Holy Orders

- 'monks and nuns… the men wear brown'
  St Francis of Assissi established a new order of friars who wore brown habits.
  'the men came first … 'the women wear grey'…
  The Poor Clares. A companion Order to Franciscans. Grey robed nuns founded by Clare Schizby in 1212, later canonized as St Clare.
- 'we don't talk'
  The Order observed monastic silence.
- Gregory… Is he a Pope? ..the gentle reformer ..The word love ..a much loved Pope.
  Gregory the Great
- More Gregories .. not all good

Torture:

First two Inquisitors appointed **July 27th 1233**
'You are experiencing a cycle of return'. (July 27th the date of the recall session)

- 'the men in black'
  The Dominican Order who wore black robes, became known as 'the men in black.

French Papacy

- 'Its a split church somehow
  Seat of popes - Papal Palace Avignon France. Divided papacy 1309 - 1370



- 'Dungeon 'under the Vatican'
  Torture chambers are still in existence today located under the papal palace in Avignon France where heretics were imprisoned and tortured.
- 'strapped to a table' - 'forced to watch….
- they're tipping this table thing, one way and then the other



- Potro: A tipping table used in Medieval torture

- 'dropped down a black hole'
  'Oubliette' (forgetting) A secret dungeon with a trapdoor at the top'

- 'I'll never get out of here
  the prisoner was thrown down the black hole and then forgotten

- 1858
  Year of appearance of Mary the mother of Jesus to Bernadette Soubious at Lourdes
- 'the Pope who made Bernadette a saint'
  Pope Pius Xl
- 'the next Pope will be a Benedictine… that Pope will be controversial'
  2005 Cardinal Ratzinger was elected Pope Benedict XVl
  He resigned in 2013 due to the sexual abuse scandal
- 'The church will fragment and fall'
  Fragmentation of the catholic church began under Benedict and has deepened under Pope Francis.

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