Tinnitus - Medical Approach

Tinnitus is a condition where a person hears sounds in the absence of external sound sources. It is often characterized by a ringing, buzzing, or hissing noise in the ears. In some cases, tinnitus can be accompanied by vision problems, headaches, and vertigo.

Contributory Factors

- Aging
- Exposure to loud noises
- Meniere's disease
- Inner ear infection
- Anemia
- Stress and anxiety

CONCLUSIONS

This work has demonstrated that some clients are unable to alter their negative belief, so it is by encouraging them to actively question it, which is something that is often as much as an emotional process as it is a physical one. It is important to recognize and address these underlying issues, as they can have a significant impact on the effectiveness of interventions.

Tinnitus - Holistic Approach

Exploring the etiology of tinnitus and a successful alternative self-help approach, which

CONCLUSIONS

"This work has demonstrated that some clients are unable to alter their negative belief, so it is by encouraging them to actively question it, which is something that is often as much as an emotional process as it is a physical one. It is important to recognize and address these underlying issues, as they can have a significant impact on the effectiveness of interventions."